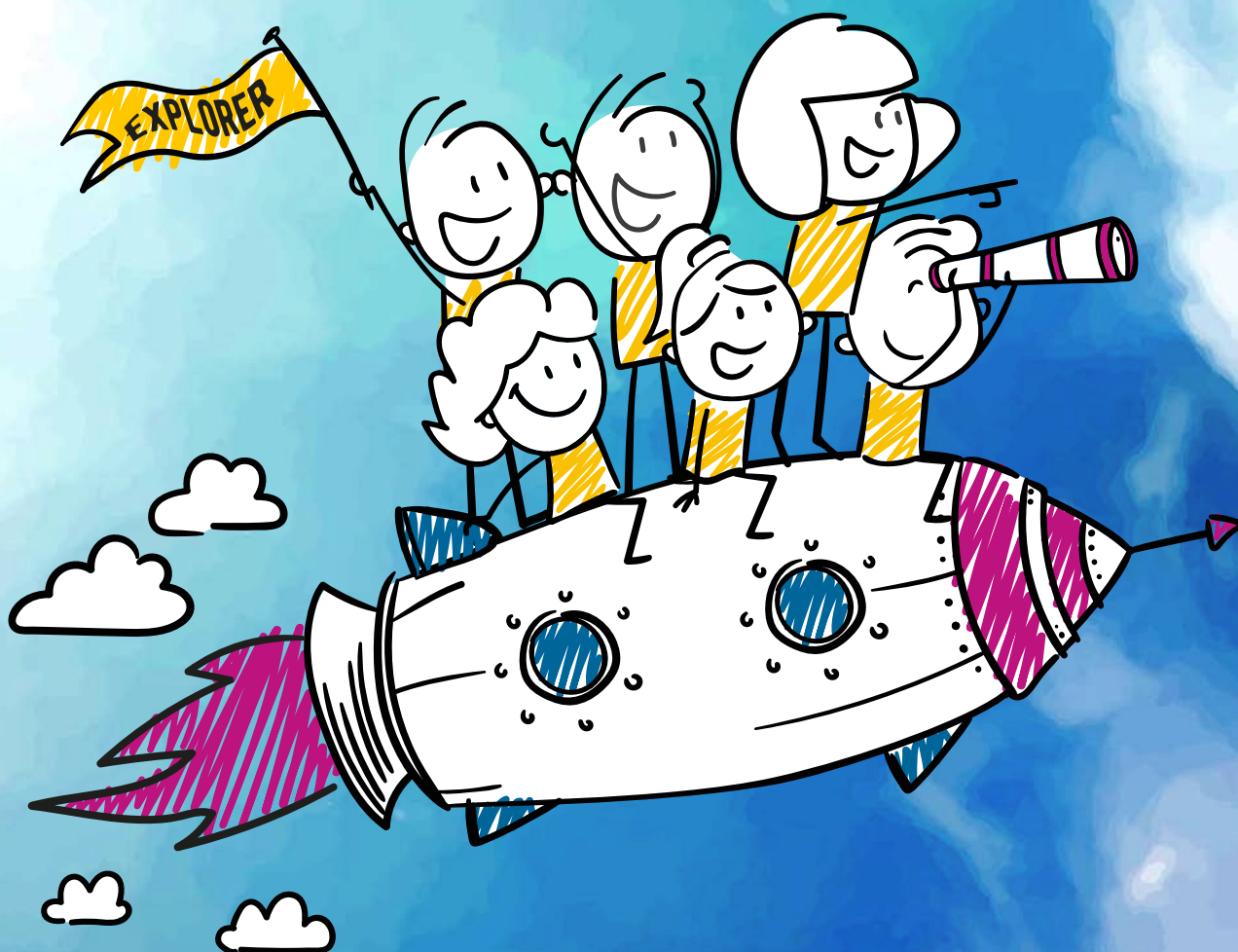


REBECA EXPLORER

Career exploration through
peers' support

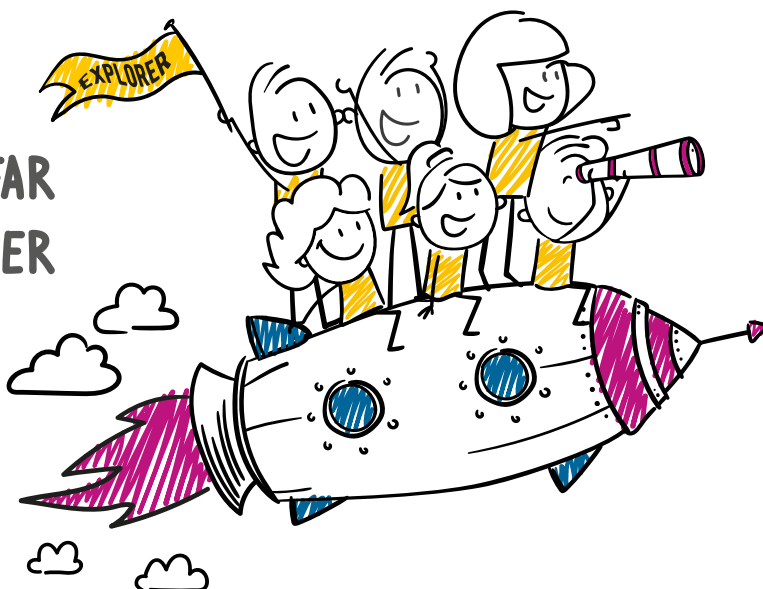


THE PROGRAM

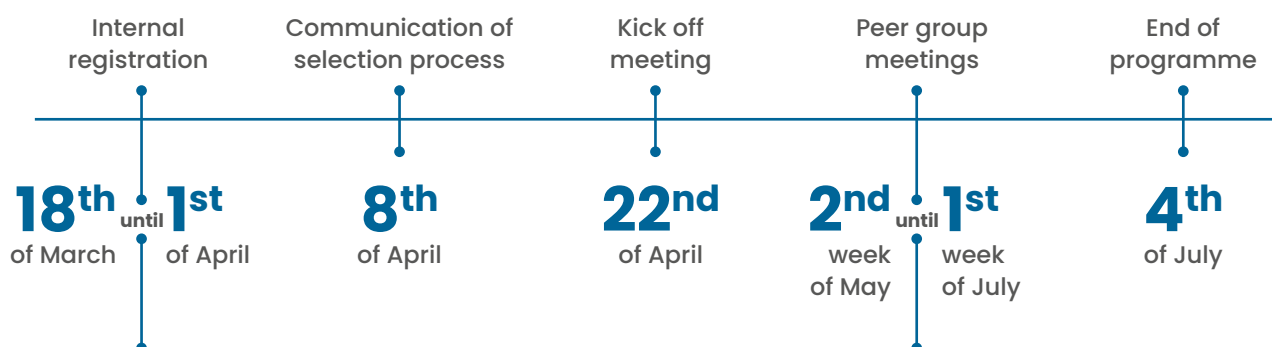
REBECA EXPLORER is a group peer mentoring, an innovative pilot program which consists of a group-based peer mentoring approach. This model emphasizes the psychosocial support role of mentoring, and the tacit commitment that participants make to one another, helping them to progress and improve their career management skills.

During the program, the group will support and accompany participants to reflect on the values that define their career, to explore professional opportunities, to design their career goals and, to lay out action steps towards reaching them. For 5 months, participants will dedicate time and meet every two weeks to share their steps with the group. Peers will guide and support each other through the process, mentoring one each other, and a facilitator will ensure the group's well-functioning.

**IF YOU WANT TO GO FAR
AND BEYOND, GO TOGETHER**



OVERVIEW OF PROGRAMME



PARTICIPANTS

The cohort will be ideally composed of six early career stage researcher coming from. This pilot program is especially relevant for late-stage predoctoral researchers (R1) and junior postdoctoral researchers (R2).

ELIGIBILITY & APPLICATION

Applications are **accepted until 1st of April 2025**. The application consists of: a brief registration form, a video and your CV. Please, email your 1-2 minute video and CV to euraxess-spain@fecyt.es. Do attach the complete data protection document as well.

This pilot edition is organized with the The Spanish National Research Council (CSIC) and only researchers from CSIC can participate in this edition.

In your video statement, you should include:

- » Your name and your CSIC institute
- » In a sentence, explain your research project, as if you explain to someone who is not a scientists.
- » What are your reasons for participating in this programme?
- » How can this programme be useful for your career?
- » Whether your circumstances will allow you to dedicate time each two weeks to attending the group's sessions and training



CALENDAR

DAY

22nd
April

15h

**Kick off
meeting**

IN PERSON



ONE AFTERNOON DURING THE WEEK

5th – 9th
May

**First group
session**

IN PERSON



ONE AFTERNOON DURING THE WEEK

19th – 23rd
May

**Second group
session**

IN PERSON



ONE AFTERNOON DURING THE WEEK

2nd – 6th
June

**Third group
session**

IN PERSON



ONE AFTERNOON DURING THE WEEK

16th – 19th
June

**Four group
session**

IN PERSON



ONE AFTERNOON DURING THE WEEK

30th – 4th
June July

**Fifth
meeting**

IN PERSON



DAY

4th
July

**Closing
event**

ON LINE



PROGRAM LANGUAGE & LOCATION

The program will be hold in **Spanish**. The venue will at the central services of the Spanish National Research Council (CSIC). They are located at **Calle de Serrano, 117, Madrid**.

PROGRAM ELEMENTS

KICK OF MEETING

IN PERSON | 

- » Get to know your peers' group
- » Team dynamics to build confidence among the group's participants
- » Learn about motivating and supporting each other
- » Pooling of personal motivations, values and personal experiences

WORKSHOPS TRAINING I

ON LINE | 

- » Career planning
- » Non-academic CV writing

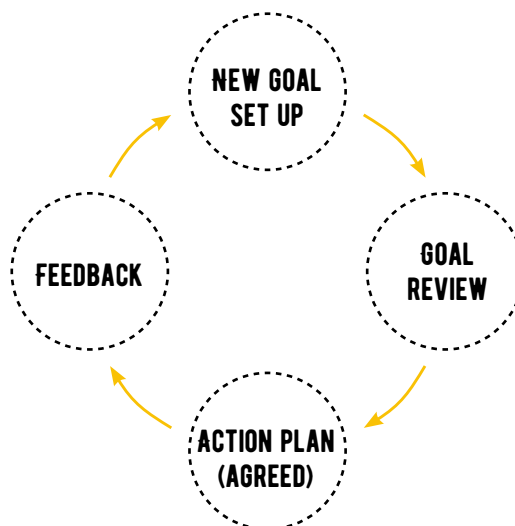
FIVE GROUP'S SESSIONS

IN PERSON | 

Each session will have a 2-3 hours duration and it will cover one of these topics each time:

- » Personal empowerment & self-motivation
- » Career exploration process
- » Professional networking
- » Non-academic CV
- » Challenge achieved

During each session the peers' group will follow a four steps loop that starts each new session:



CLOSING EVENT

ON LINE | 

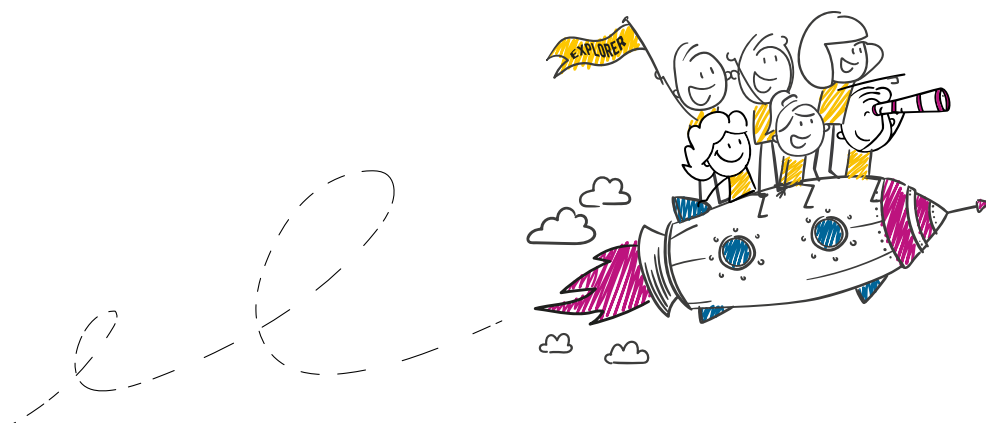
ONLINE RESORCUES

- » Handbook
- » Calendar
- » Library
- » Share point
- » Chat

MORE INFORMATION

If you want to know more, go to: www.euraxess.es/spain/rebeca-explorer

or contact EURAXESS-Spain Team at: euraxess-spain@fecyt.es



RESEARCHERS BEYOND ACADEMIA EXPLORER

by  euraxess

